Sacrament Meeting Best Practices

Be prepared to succeed.

- 1. <u>Have a white binder</u> for the person conducting. Holds agenda, records and letters to read, etc.
- 2. <u>Have a conducting agenda prepped</u>, so all you have to do is fill in the blanks.
- 3. <u>Bishopric review the meeting for at least 15 minutes prior</u> to Sacrament meeting. Typically done during Bishopric meeting.
 - Go through the program, announcements, reminders, etc. There is ALWAYS something you will have missed.
- 4. <u>Bishopric on the stand 5 minutes prior</u> to meeting starting tell the ward council this is the goal.
- 5. Organist playing prelude music 10 minutes prior to the meeting starting.
- 6. Sacrament prepared 10 minutes prior to meeting starting
 - Hold contest for Teacher's Quorum. Ice cream outing if done 3 months in a row
 - Announce Goal and Contest in Priesthood opening exercises, so everyone knows the goal.
 - <u>7. Prior to Sacrament meeting</u>, have a councilor remind the speakers, on the stand, how long they have and when they should plan to conclude.

We've toyed with the idea of handing them a sheet reminding them of these things vs telling them. My councilors decided they were comfortable telling the speakers.

8. Plan the meeting far in advance

- <u>9. Coordinate weekly</u> with these people through a <u>Google Document</u>:
 - Bulletin Producer:
 - Music coordinator
 - Organist
 - Chorister (We called at Laurel to do this. Great success)
 - o Review announcements: RS Secretary, EQ Pres., HPGL
 - Bishopric (my Exec. Sec.)

10. Have a PLAN for your Sacrament meetings:

52 Sundays - 12 Fast Sun. - 8-10 High Council. - 2 Gen. Conf. - 2
 Stake/Ward Conf. - 1 Primary Prog. - 1 Christmas Prog. - Bishop Speak
 x3, Councilor's speak x4 - ??? Mission Farewell's = 17 - 24 Sundays MAX.

- 11. Always close strong. Positive psychology, Memory bias, Peak end effect. Identify the speakers in the congregation that are most likely to bring in the Spirit.
 - Pair your speakers correctly Don't put two boring speakers together
 - ASK speakers to share PERSONAL spiritual experiences Think Pres.

 Monson
- 12. Have a backup plan a talk in your back pocket, just in case things go south because they will.
- 13. Be prepared for the long speaker who can't tell time.

Have a 3x5 card with the writing: 'Please conclude your remarks in one minute.' "The mind can only take in what the seat can endure."

Our Typical Sacrament Meeting:

- A. Youth speaker
- B. Spiritual Experience = i.e. Conversion story / Personal spiritual experiences
- C. Special musical number / Choir / Congregational hymn
- D. Strong spiritual speaker

Be prepared to use this throughout the meeting.

Last update: May 25, 2014